

WOMEN IN CHARGE

independence through healing, education and support

Spring 2016

Could YOU Pass the HiSET ?

Here are a few practice test questions. Several questions feel like more information is needed, so just like our students, do the best you can! Answers on Page 3.

Social Studies:

- 1.) Which of the following is a defining characteristic of early river valley civilization?
A.) Large settlements
B.) Nomadic migration
C.) Stone tools
D.) Subsistence farming
- 2.) Which of the following individuals would be expected to present the most balanced discussion of a new state law regulating union activity?
A.) The legislator who sponsored the new law
B.) The President of the state's largest labor union.

Cont'd on Page 2



Karey's Story

At 5 years old I knew that my parents were alcoholics and drug addicts. My father was physically abusive to my mother. At the age of 7 my mother told us we were going to spend the night at my aunt's house and she dropped us off on the front porch with a trash bag of clothes. She never came back for us, so she basically abandoned us.

My aunt and uncle got guardianship of me and my 3 siblings, very soon my uncle began to molest me. Going through that slowed my development. I wasn't able to concentrate or focus in school. The molesting continued throughout middle school and high school. It happened for 14 years straight. I was in Special Ed Classes from ele-

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Our Mission Statement

Women In Charge heals the spirit, builds confidence, and educates women in need so that they may provide a better life for themselves and their children.

We offer Adult Education and Literacy instruction, HiSET preparation, individual and group counseling, career counseling, parent mentoring, yoga and computer classes. The program is free of charge. A free on-site children's program is available to participants. September through May, hours are: Monday through Thursday from 9:00 to 2:30 PM. Summer hours are: Monday through Thursday from 9:00 to 12:30PM.

A+

To the **mystery donor** who dropped off a box of items on our wish list last fall—you made a lot of people very happy!

To the **Minnie Vinnies** and parishioners of Christ the King in University City for all the diapers and wipes!

To the **AT&T Pioneers** for the Easter baskets made for our students' children!

To **Bea & Al Amato** for donating a slide-in oven for our kitchen!

Thank you!!

Wish List

Loose leaf lined paper

Copy paper

Two pocket folders
(red are the best!)

Children's socks 6 mos
to 3T

Children's t-shirts 6
months to 3T

TEST Cont'd from Page 1

- C.)The chairperson of a statewide association of business owners
D.)The chairperson of a labor/business task force established by the legislature.

Mathematics:

3.)Clerks at a picture frame store are paid \$7 per hour plus \$3 for every frame order placed during a shift. How much did a clerk make last Saturday if he worked 8 hours and had 10 orders for frames?

- A.)\$56 B.) \$59 C.)\$66 D.)\$80 E.)\$86

4.)If $f(X) = 3X^2 - X$, what is $f(X-1)$?

- A.) $3X^2 - 7X + 2$ B.) $3X^2 - 7X + 4$ C.) $3X^2 - X - 4$
D.) $3X^2 - X - 2$ E.) $3X^2 - X - 2$

5.)In a coordinate plane, the graph of the linear equation $-3X = -4Y + 8$ crosses the y-axis at what value for Y?

- A.)-2 B.) 3/4 C.) 0 D.) 2 E.)8

Science:

6.)If glass beads with a diameter of 0.50 mm were placed in an hourglass, what would most likely occur?

- A.) The beads would flow smoothly.
B.) The beads would not flow at all
C.) The beads would flow a little and then stop completely.
D.)The beads would flow a little, stop for a few seconds, and then start to flow again.

7.)The Sun maintains its high expenditure of energy by nuclear fusion reactions. These reactions convert the Sun's mass into both heavier elements and radiation. What is the probably long-range consequence of this process?

- A.)A constant increase in the Sun's temperature
B.)A progressive decrease in the distance between the Sun and its planets
C.)A gradual increase in intensity of solar disturbances on Earth
D.)The eventual extinction of the Sun as a source of heat and light

Grammar:

8.) Pick the correct sentence:

- A.) The clerk told us, you must be very careful when using chemicals.
B.) "I sanded the table several times, said Elizabeth."
C.) "You can buy sandpaper" at the back of the hardware store, said Rachel.
D.) The clerk said, "The items you need are at the back of the store."

9.) Choose the edit for the underlined word:

- Opals are magnificent gems, appreciated for its brilliant, changing color.
A.) it's B.) their C.) his D.) correct as is

Answers on Page 3

Karey's Story: Cont'd from page 1

mentary through high school. My speech was off, I couldn't catch onto things like normal kids could. There were many times I wanted to tell, but I was told if I were to tell somebody I would be killed. He bribed me with money to keep me from telling. There were a few times I did tell my aunt about the incidents, but every time I told her she told me it was just a bad dream. A bus took us to church, and it was the only time I felt safe.

There was a time when my sister asked my uncle for a headache pill, instead he gave her a sleeping pill. She woke up naked next to him the next morning. After seeing what happened to her, I was fearful about what would happen to me and I couldn't stand watching my sister go through it so I ran away. I was 17. I was scared to tell anyone even though I was gone, fearing what might happen to my sister. I had nowhere to lay my head, so I went back home and the sexual abuse started up again. When my sister was 14 she became pregnant by my uncle. She punched herself in the stomach over and over to get rid of the baby, and she did miscarry.

Every night he snuck in my

room, my cries for him to stop didn't faze him. My uncle took my virginity. I moved out, and moved in with my older cousin. I felt so little of myself and that's when I began to use drugs. I went from marijuana to acid, 'shrooms and pills. I also began to drink a fifth of alcohol every day. This was at the age of 18. My boyfriend was a weedhead. He was addicted to 40oz beers, marijuana and video games.

Close to my 19th birthday I found out I was pregnant with my first baby. That was a wakeup call. I didn't want my child to be on the path I was on. I stopped drinking, I stopped drugs, I got a job and I promised myself I would give my child the best. I set goals and that's when I decided I wanted to go to school to be a nurse and eventually a pediatric doctor. But I didn't go back to school because I wasn't confident in myself. I didn't think I could do it.

By the time I was 24 and working at Dollar General I was tired of being lonely. I wanted to experience positive affection from a man, that's when I met Lawrence. I was nervous at first but I had to let my walls down. Six months after dating I moved in with him. He has been the best provider and protector for me and my kids. In May 2014, we found out we were expecting a baby together. We were both excited. Lawrence pushed me to go forward with my goals. I was holding back on getting my HiSET but he told me, "No, you can't wait forever." He told me "I believe in you so you believe in yourself. Don't do it just for the kids, you have to do it for yourself."

I heard about Women In Charge and it has become the light at the end of the tunnel. At first I thought I would just go for a few days and then drop out, I wouldn't be able to do it. I thought I would be slower than the other girls here. Women In Charge has boosted my confidence

having me believe I can do anything I put my mind to. They break down the work so it is easy to understand, I realize I'm not the only one going through struggles, that there are other ladies here who can relate to what I went through. I now know that I am smarter than what I thought myself to be. I was thinking I needed to get my IEP record to get extra time for the HiSET, but Sue, the math teacher, told me I didn't need extra time.

I was a completely different person then from what I am now. I now believe in myself more and I'm glad I can be the role model my kids need. As soon as I get that HiSET I am applying for college. My girls are my biggest motivation. I don't think I would be where I am now without them.

Practice Test Answers:

1.A 2.D 3.E 4.B 5.D 6.A
7.D 8.D 9.B

If you had 5 or more correct and at least one in every subject you might pass! Congratulations!

Where Are They Now?

*Aneisha –Asst. Mgr. Schnucks
Bakery*

Ashay-C.N.A. training

Jalin—Ball Park Village

Amyon— licensed cosmetologist

Maya— YMCA staff

Katy—AW Healthcare

Board of Directors

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Lynn Wolf Social Worker/
Development Coordinator
Susan Wright Math Instructor/
Financial Manager*

*Mark your calendars
for
Friday, October 7TH
for the
2016 Gala*

New night and new location!!

*Photo (right): When a student
passes the HiSET, it is always a
cause for celebration!*



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